

Nursing's role and key actions to advocate for patient needs

Research problem

The medical sciences and technology have evolved massively in recent times. Because of technological advancements, medical practitioners can now provide quality service to their patients and keep them satisfied. Regardless of technological advancement, Bastable (2021) contends that the importance of nursing has not diminished even in the modern world because they are primarily responsible for communicating and coordinating with patients. However, a key concern here is that the patient needs and requirements, even within a single society, vary, making it difficult for the nurses to advocate for them (Phillips, 2019). For this reason, it becomes imperative to evaluate the supporting role and critical actions nurses need to offer quality healthcare to patients.

Research questions

The key aim of the research is

To assess nursing's role and key actions to advocate for patient needs

The study's key objectives include

- To analyse the difficulties that nurses face in understanding the varying needs and requirements of patients
- To highlight the significance of patient advocacy for nursing to the patient's health outcomes.
- To determine the key actions required by nurses to contribute to the patient wellbeing

Motivation/rationale

Nursing is primarily responsible for communicating regularly with patients because of their 24/7 availability. As a result, Phillips (2019) contends that nurse advocacy is critical for the patient's timely recovery because it provides them with the necessary psychological support. This is per Moyle's (2003) findings, which suggest that the caring attitude of the nurse plays a crucial role in the patient's wellbeing. However, patients' differing needs and requirements emerge as a key challenge here. To manage this challenge, it is necessary to understand the critical actions nurses require to contribute to the patient's wellbeing (Brennan, 2017).

Literature highlight

Choi (2015) informs about the human advocacy model, in which a humanistic relationship is required between the patient and nurse. It allows the nurse to remain more sensitive to the patient's needs, leading to a better recovery. However, Phillips (2019) points out that establishing close relationships is not a straightforward process in all cases because of differing patient needs and requirements. Choi (2015) describes a functional model for nurses to advocate for patients to address this challenge. Nurses must ensure that effective decisions regarding the patient's treatment are made, for which the nurse must gather complete information.

Methodology

The essential purpose of this research is to explore the relationship development needs and actions between the patient and nurse. For this reason, this study uses qualitative research methodology to explore the subject matter holistically. A literature review revealed various

studies in this area, with some conformances and non-conformances. This study looks for ways to identify those conformances to identify the best actions and strategies for the nurses to advocate for the patient's needs and requirements (Dixon-Woods, 2010). As a result, in order to distinguish it from empirical research, the researcher should conduct a systematic literature review for data collection. The collected data shall be analysed using thematic analysis techniques to identify all the recurring areas offered by different literature sources (Gerring, 2017).

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